

God is Present in Ordinary Days

· Scripture ·

“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.”

Colossians 3:17

· What We're Learning Today ·

Sometimes we assume we will feel closest to God during the big moments. The emotional church services, answered prayers, seasons where everything feels spiritually exciting and clear. But most of life is not lived in big moments.

Most of life happens in ordinary days filled with dishes, errands, laundry, responsibilities, schoolwork, meals, interruptions, and routines that can sometimes feel repetitive.

And honestly, it can become very easy to overlook God in those moments. We often think spiritual growth only happens during Bible studies, worship nights, or quiet prayer mornings, but Colossians 3:17 reminds us that faith was never meant to stay separated from everyday life. God is present in ordinary days too. He is present in kitchens while breakfast cooks. He is present during school drop-offs and grocery store runs. He is present in quiet evenings, folded laundry, conversations around the table, and slow mornings with coffee and an open Bible nearby.

There have been seasons where I felt discouraged because life seemed repetitive and ordinary. I kept waiting for bigger spiritual moments while overlooking the quiet ways God was already working in everyday life around me.

But the older I get, the more I realize that faithfulness is often built slowly in unseen moments. The patience we show our families. The prayers whispered while cleaning the kitchen. The decision to continue trusting God during ordinary routines. The kindness we offer when we feel tired. Those moments matter too.

Colossians 3:17 also reminds us that worship is not limited to music or Sunday mornings. Even ordinary responsibilities can become acts of worship when they are done with gratitude, faithfulness, and a heart turned toward Jesus. That changes the way we view daily life.

The ordinary moments are not interruptions to your spiritual life. They are part of it. And maybe that is comforting for those of us living very ordinary, busy, sometimes messy lives. God is still present there too.

Little Honey (younger children)

· Simple Truth ·

God is with me every day.

· Activity ·

Draw a picture of something you do every day, like eating breakfast, playing outside, or helping at home. Talk about how God is with you during those moments too.

· Prayer ·

Dear Lord, thank You for being with me every day, even during ordinary moments. Help me remember You are always near. Amen.

Growing Honey (older children)

· Reflection ·

Sometimes we think only big moments matter, but God cares about our everyday lives too. He is with us during school, chores, family dinners, quiet mornings, and even regular routines.

Faith grows in ordinary moments too.

What is one part of your daily routine where you can spend more time thinking about God?

· Activity ·

Make a list of five ordinary things you do during the day and write one way you can include God in those moments.

· Prayer ·

Dear Lord, help me remember that You are with me during every part of my day. Teach me to honor You in both big and small moments. Amen.

Rooted Honey (teens and growing faith)

· Reflection ·

Many people spend their lives waiting for huge spiritual moments while overlooking the quiet ways God is already working in ordinary life. But Scripture reminds us that even everyday tasks matter to God. Colossians 3:17 teaches that whatever we do can be done for Jesus.

That includes responsibilities that feel repetitive, unnoticed, or exhausting sometimes.

There have been seasons where I felt frustrated by how ordinary life felt. The routines, responsibilities, and constant repetition made me wonder if anything meaningful was happening spiritually at all. But over time, I realized that faithfulness is usually built quietly. It is built in consistency, obedience, and in small moments no one else notices. God is not absent from ordinary life.

He is present in the middle of it.

What ordinary responsibility in your life has been feeling spiritually draining lately?

· Journal Prompt ·

Write about an ordinary part of your life where you may be overlooking God's presence.

· Prayer ·

Dear Lord, help me recognize Your presence in everyday life. Teach me to remain faithful in ordinary moments and remind me that even unseen acts of obedience matter to You. Amen.

Anchored Honey (parents and adults)

· Encouragement ·

One of the easiest traps in adulthood is believing that meaningful spiritual growth only happens during extraordinary seasons.

We assume we will feel closer to God once life slows down, once routines become easier, or once we finally have more time. But most of life is lived in ordinary days filled with responsibilities, interruptions, and small repetitive moments. And honestly, those ordinary days can sometimes feel spiritually insignificant.

But Colossians 3:17 reminds us that our faith was never meant to stay separate from everyday life. God cares about how we love people, serve our families, manage responsibilities, speak to others, and remain faithful in ordinary routines.

There have been seasons where I kept waiting for "bigger" spiritual moments while quietly missing how often God was already present in daily life around me. The older I get, the more I realize that spiritual maturity is usually built slowly through ordinary faithfulness, consistency, small acts of obedience, and continuing to trust God even when life feels repetitive. The ordinary moments are not wasted. God is present there too.

· Reflection ·

What ordinary part of your daily life may God be asking you to view differently?

· Prayer ·

Dear Lord, help me recognize Your presence in ordinary life. Teach me to remain faithful in everyday responsibilities and remind me that no moment lived with You is ever meaningless. Amen.